5K ART:

Opera Australia dropped into our school on the 27th of February to allow us the pleasure of being the first people to officially watch the opera adaption of Cinderella. The school’s student leaders welcomed people, walked them up to the hall, and signed them in at our temporary reception desk situated outside of the hall. We helped many people, including the actors themselves.

Once everyone was ready, and all of the classes were seated and listening, the opera began. I won’t tell you much about the story because I don’t want to give it away, but I will tell you this: there is a nice twist on the original story, and that the opera was fantastic!

Once the opera and the Q&A had finished, Nick and myself said thank you to the actors and shook all of their hands, and everyone gave the actors a round of applause for the 100th time (they deserved them) and we all lived happily ever after.

By Hailie
From the Principals’ desk...

Learning to be a successful adult and productive member of a family, team and community requires more than successfully completing courses in Literacy and Numeracy. One of the Strategic Directions in our School Plan focuses on the development of respectful relationships.

Our school aims to continue to build a culture based on mutual respect and a learning environment where all members of the school community feel safe, engaged and connected.

As part of this commitment, this term we have reviewed policies and procedures in Learning Support, Student Welfare and Discipline.

Learning to manage friendships and difficult social situations can be difficult at any age. There are times when every child will feel challenged by emotions or situations that seem beyond their control. It is important that staff and parents are able to work together to ensure our children receive a consistent message of care and support, as well as advice that will assist them to successfully navigate their school and social environments.

Communication is important. You will notice this issue of our Newsletter contains a summary of the hierarchy of school responses to particular types of behaviour. This is a general guide only. Every child and situation is different. Responses will be tailored as necessary to meet the needs of individuals and particular circumstances.

School website contains news, class overviews for the term, useful information from DEC and a school calendar with links to permission notes. Go to: www.marrickviw-p.schools.nsw.edu.au

Uniform:

Please assist your children to feel proud of their school and its uniform.

Our colours are green and blue. Children should wear a blue hat with either no logo or the logo of our school. We prefer children do not wear hats branded with brand labels, football teams, clubs or other initials. Shoes should be black leather or plain runners (black or white).

From The Office

Hats
Please remember to bring a hat every day, and put your name in your hat.

Traffic Incidents Diary/Log
We have a Log / Diary for Traffic incidents that occur at our crossings outside our school. Please feel free to update the log if this occurs.

Calendar Dates

- Every Monday – Homework Club Yr1-3
- Every Wednesday – Homework Club Yr 4-6
- Tuesday 17th – Greenway Walk-Stg 2
- Thursday 19th – P&C Funding Meeting
- Saturday 21st – Henson Campout
- Monday 23rd – Young Leaders Excursion
- (school leaders)
- Thursday 26th – Assembly 2G
- Saturday 28th – NSW State Election
- Tuesday 31st – Easter Raffle
- 2 April – Honour Assembly

Save the date

Marrickville Remembers Parade – Sunday 19th April – Marrickville West students are invited to march (parents to attend for supervision) in school uniform in a special parade to commemorate the ANZAC centenary. They will be marching with many other groups including other schools, girl guides, police, historical re-enactment groups and current soldiers. More information to come.
New Staff for MWPS

We are pleased to announce the Merit Selection process for a permanent class teacher and Community Language Teacher for Vietnamese have now been finalised. Thank you to the staff and community representatives who volunteered to assist us with the important task of recruiting these new members professional team. Both positions will be filled from the start of Term 2 in order to maximise consistency of programs and minimise disruption to students.

The new class teacher is Mr Shaun Evans. Mr Evans will take over from Mr Breen (3B). He has a strong background in education with expertise in sport, Literacy, Numeracy and ICT. Mr Evans is a member of our local community and has had over 10 years’ experience teaching primary and secondary school students.

Ms Yen Fischer will begin as Vietnamese Community Language teacher 2 days per week. Ms Fischer has many years of experience teaching Vietnamese and English at all levels of education in both Australia and Vietnam. She is also a highly respected teacher of Community Language at another local primary school.

We thank Mr Breen and Mrs Tran for the exceptional job they have done in filling these positions while the recruitment process has been finalised. Both these committed, casual teachers have given our students a strong start to the year and have agreed to continue at Marrickville West until the end of this term. We anticipate that all other teaching engagements at Marrickville West will remain in place for the remainder of the year.

Dealing with Unacceptable Behaviour

On occasions all children make mistakes. Below is an overview from our revised school Discipline Policy that guides of the levels of response to behaviour from students. This guide will be adapted as required to meet the needs of individual students, classes and situations. Class teachers will help students to understand the school rules and age appropriate expectations for interacting in the classroom and the playground. In some cases, individual behaviour plans and social skills programs will be devised for children who need additional guidance and support. This guide is best understood if read from the bottom up.

<table>
<thead>
<tr>
<th>Levels</th>
<th>Student Behaviour</th>
<th>Example of Consequences</th>
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<tbody>
<tr>
<td>Restorative Principles</td>
<td>• Physical Violence resulting in injury</td>
<td>• Student + Parent meeting</td>
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<td></td>
<td>• Serious threats of violence</td>
<td>• Behaviour monitoring sheets, reviewed daily by Teacher, Parent and Executive</td>
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<td></td>
<td>• Harassment</td>
<td>• Additional behaviour management strategies or support plans</td>
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<td></td>
<td>• Stealing</td>
<td>• Referral to Learning Support Team (LST) for specialist advice or intervention</td>
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<td>• Vandalism</td>
<td>• Exclusion from playground or other activities may result if behaviour is unsafe, or persistent</td>
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<td>• Intimidation or other hurtful behaviours</td>
<td>• Exclusion from excursions may result if behaviour poses risk to safety of self or others</td>
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<td></td>
<td>• Other seriously disrespectful, irresponsible or unsafe choices</td>
<td>• Suspension from school</td>
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<td>• Repeated amber level behaviours</td>
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<tr>
<td>Restorative Principles</td>
<td>• Repeated breaking of school or classroom rules</td>
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<td></td>
<td>• Rude, disrespectful or highly inappropriate language</td>
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<tr>
<td>Teacher / Parent with supervisor notification and support</td>
<td>• Bullying behaviour</td>
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<td></td>
<td>• Physical or verbal aggression</td>
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<td>• Dishonesty</td>
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<td>• Other disrespectful, irresponsible or unsafe choices</td>
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<td></td>
<td>• Repeated yellow level behaviours</td>
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<tr>
<td>Teacher Response</td>
<td>• Breaking school or class rules (minor)</td>
<td>• Reminder of school rules</td>
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<td></td>
<td>• Failure to complete work or bring required equipment</td>
<td>• Reminder of classroom rules</td>
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<td></td>
<td>• Minor tantrums or anger management issues</td>
<td>• Restorative conference and restitution</td>
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<td></td>
<td>• Interrupting or inattention</td>
<td>• Warning recorded in playground /class behaviour folder</td>
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<td></td>
<td>• Non cooperation</td>
<td>• Supervised completion of work outside of lesson time</td>
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<td></td>
<td>• Meeting with parent if behaviour continues</td>
<td>• Short Time Out (in room) to calm down, plan restitution or complete reflection sheet</td>
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<td></td>
<td>• Behaviour Plan/Agreement &amp; Monitoring System implemented and shared with parent and executive at regular intervals</td>
<td>• Short Time Out in buddy classroom</td>
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<td></td>
<td>• Referral to Learning Support Team (LST) for further advice or intervention</td>
<td>• Contract, Behaviour Plan or Agreement</td>
</tr>
</tbody>
</table>

Levels:
- Principal/Executives & Parent: Physical Violence resulting in injury, Serious threats of violence, Harassment, Stealing, Vandalism, Intimidation or other hurtful behaviours, Other seriously disrespectful, irresponsible or unsafe choices, Repeated amber level behaviours.
- Teacher / Parent with supervisor notification and support: Repeated breaking of school or classroom rules, Rude, disrespectful or highly inappropriate language, Bullying behaviour, Physical or verbal aggression, Dishonesty, Other disrespectful, irresponsible or unsafe choices, Repeated yellow level behaviours.
- Teacher Response: Breaking school or class rules (minor), Failure to complete work or bring required equipment, Minor tantrums or anger management issues, Interrupting or inattention, Non cooperation, Meeting with parent if behaviour continues.
- Restorative Principles:
  - Physical Violence resulting in injury
  - Serious threats of violence
  - Harassment
  - Stealing
  - Vandalism
  - Intimidation or other hurtful behaviours
  - Other seriously disrespectful, irresponsible or unsafe choices
  - Repeated amber level behaviours
  - Repeated breaking of school or classroom rules
  - Rude, disrespectful or highly inappropriate language
  - Bullying behaviour
  - Physical or verbal aggression
  - Dishonesty
  - Other disrespectful, irresponsible or unsafe choices
  - Repeated yellow level behaviours
  - Breaking school or class rules (minor)
  - Failure to complete work or bring required equipment
  - Minor tantrums or anger management issues
  - Interrupting or inattention
  - Non cooperation
  - Meeting with parent if behaviour continues

Student Behaviour:
- Physical Violence resulting in injury
- Serious threats of violence
- Harassment
- Stealing
- Vandalism
- Intimidation or other hurtful behaviours
- Other seriously disrespectful, irresponsible or unsafe choices
- Repeated amber level behaviours
- Repeated breaking of school or classroom rules
- Rude, disrespectful or highly inappropriate language
- Bullying behaviour
- Physical or verbal aggression
- Dishonesty
- Other disrespectful, irresponsible or unsafe choices
- Repeated yellow level behaviours

Example of Consequences:
- Student + Parent meeting
- Behaviour monitoring sheets, reviewed daily by Teacher, Parent and Executive
- Additional behaviour management strategies or support plans
- Referral to Learning Support Team (LST) for specialist advice or intervention
- Exclusion from playground or other activities may result if behaviour is unsafe, or persistent
- Exclusion from excursions may result if behaviour poses risk to safety of self or others
- Suspension from school

Bilingual Story Telling Circles

Eleven charming stories created by the children, families and friends of Marrickville West will soon be uploaded onto the school website. The stories were first storyboarded, then told, read, acted or puppeteered, while being filmed on mini-ipads by Mr Gozzef’s Enrichment Class. The stories were edited by Ms AnnaMaria Reyes in the nick of time for the Mini Film Festival of Bilingual Stories, a part of last year’s Open Marrickville Festival.

The Stories include:
- When we go Walkabout – Aboriginal bilingual story
- A Visit to Tetah’s Farm – Arabic
- The Three Monks – Chinese
- The Sun and the Moon – Filipino
- The Little Pig – Japanese
- The Rooster Quirico – Spanish
- Andare – Sri Lankan
- The Fancy Little Chicken – Vietnamese
- Eureka – Irish Australian

Easter Raffle Tickets coming home soon!

School banking is Wednesday 9–9.20am in the LIBRARY
**Tips for Parents:**

**Succeeding in science**
Encouraging your teen to ask questions and helping them find the answers is top of the list in helping them to succeed in science.


**Facts about tutors**
Private tutoring to give kids a helping hand in their schooling is a growing business. However, it’s also an area where parents can be vulnerable to bogus offers and misleading advertising.


**Public speaking**
Does your child suffer glossophobia? Fear of public speaking is common. Try creating opportunities for your child to present speeches to the family, without putting pressure on them to perform. Here are some tried and true tips to make your child’s next speech a success.


**Science starters**
Did humans live with dinosaurs? Does the moon disappear in the day? Kids love to know the answers to life’s mysteries but there are a few facts they often get wrong in the name of science.


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**News from the Community Centre**

Hello Marrickville West! Connect Marrickville is a community centre for families living in Marrickville South, raising children from birth to 8 years old.

**Our Programs this term are:**

- Babies Playgroup – Monday 9.30 – 11.30
- Japanese Mothers Group – Monday 10.30 – 12.30
- Rainbow Babies – Tuesday 9.30 – 11.30
- Multi Mix Mob – Tuesday 10.00 – 1.00
- Vietnamese Mothers Group – Wednesday 10—12
- English Class With Creche – Thursday 10 – 12
- Friday Playgroup – Friday 9.30 – 11.30
- Holiday Club – Friday 2.30 – 3.25

**FAMILY WORKERS AT CONNECT**

Nicole Ryan, Family Worker from Metro Assist works out of the Connect Office on Thursdays. If you have any issues you wish to discuss confidentially with her, you can book an appointment with her through Vivi or phoning 9558 4036.

Hien Dang, also a Family Worker from Metro Assist works most Wednesdays at Connect. She also speaks Vietnamese.

Brian Melocco is the Child and Adolescent Social Worker from Marrickville Community Health who attends our Friday Playgroup on Friday mornings. He is a good link to the Community Health Centre if you have concerns around your child’s learning and development.

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**School Plan 2015-2017**

Marrickville West PS has a new School Plan which will focus our efforts over the next 3 years. The plan is organised around a Vision and 3 Strategic Directions. Each major “project” we embark upon over the planning period will address one or more of these directions.

**Our Vision**
At Marrickville West Primary School we work together every day for the benefit of all our students. Our dynamic and diverse school community is built on a foundation of inclusion, authentically respectful relationships and high expectations, with a goal to enhance engagement, learning and leadership, achievement and excellence.

**Our Purpose**
Work as one to develop a school culture based on respectful relationships and innovative practice that inspires confident and successful learners, proactive and effective leaders and responsible citizens.

**Strategic Directions**

1. **RESPECTFUL RELATIONSHIPS**
   Our school aims to build a culture of respectful relationships and a learning environment where members of the school community feel safe, engaged and connected.

2. **TEACHING AND LEARNING**
   Quality education and successful student achievement are enhanced by innovation, exemplary practice, professional learning, shared goals and high expectations.

3. **LEADERSHIP**
   Students, teachers and members of our community are supported to develop capacity through active engagement in the learning process, and to facilitate collaborative partnerships and improved organisational effectiveness.
School Captain’s Report

It is the school Captain’s job to look after the students, set a good example, and to watch over EVERYTHING! Over the last few weeks this is what we have seen:

- Children are being more inclusive
- The playground buddies now have a fluorescent green vest instead of the red hats. But you can still find some of them with hats on also.
- Handball is picking up in popularity again!
- The playground is becoming cleaner and cleaner because students are picking up rubbish!
- There is also less rubbish in the playground thanks to the newly instated eating-inside-the-classroom-during-eating-time rule!
- More children have been wearing hats in the playground.

Keep up the good work Marrickville West!

By Nick & Hailie, School Captains 2015

Pancake day FACTS

Pancakes were originally invented as a way of using up all the leftover fatty and rich foods before Lent begins on Ash Wednesday.

The most flips anyone has ever done with a pancake is 349 flips in 2 minutes.

The largest stack of pancakes was made up of 60 huge pancakes and measured an impressive 76 cm tall, breaking the Guinness world records in 2012.

By Anya 5K

The Zone Swimming Carnival

On Monday the 2nd of March 2015 there was the zone swimming carnival.

These are some of the races I went in: 50m Freestyle, 50m Breastroke, 50m Backstroke, 50m Butterfly, 200m IM (individual medley) and 100m Freestyle.

These are the places I came over all: 1st in 100m Freestyle, 1st in 50m Breastroke, 3rd in 50m Freestyle, 3rd in 50m Butterfly, 3rd 200m IM (individual medley).

I have been chosen to go to Regional. WOW!

Here is a picture of me with the medals I won at “The Australia Swim Series”. By Vanessa
# WEEK 6: MWPS CALENDAR

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<td>Mar 15</td>
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<td>Local Community Walk for Stage 2</td>
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<td>P&amp;C Meeting</td>
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<td>P&amp;C Communal Dinner &amp; Campout</td>
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<td>School Assembly hosted by 2G</td>
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<td>State Election Stalls</td>
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<td>29</td>
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<td>31</td>
<td>Apr 1</td>
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<td>Easter Raffle Draw</td>
<td>Enrichment sharing assembly</td>
<td>Honour Assembly Last day of Term 1</td>
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<td>Students begin Term 2</td>
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<td>‘Marrickville Remembers’</td>
<td>ANZAC March</td>
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</table>

School website contains news, class overviews for the term, useful information from DEC and a school calendar with links to permission notes. Go to: [www.marrickviw-p.schools.nsw.edu.au](http://www.marrickviw-p.schools.nsw.edu.au)
The 2015 Sydney Children's Festival Update

I was fortunate enough to have attended the 2015 Sydney Children’s Festival on Sunday the 15th of March. The festival was held at Fleet Park in Circular Quay, and it was a big success!

I attended because I was to be one of the MC’s for the day. Three other students from our school came also because they were to receive prizes for the artwork they submitted. The students that came to the festival to receive prizes were: Saghan, Kyra, and Kiet.

I was rostered on for the 2:30-5:00 session, but we were running late; at the time, we thought we were to run over the scheduled finishing time for the festival. But luckily we resolved our problem with a few tweaks to the program.

My fellow MC for the afternoon session was Malayka, a girl in year nine. By the time we were MCing, the festival was only running overtime by about five minutes. Malayka and I had a fantastic time MCing together and we had a bundle of fun.

I met new people, and I saw old friends. I thoroughly enjoyed MCing the Children’s Festival once again!

-By Hailie

The 2015 Annual Communal Dinner and Campout

When: Saturday 21st March (to Sunday 22nd March if camping)
Where: Henson Playground & Basketball Court
Time: 3pm onwards
Cost: $2 - $15 per family (depending if you are camping)

This is our 3rd annual campout at school, and this year we are also having a big communal dinner party as well. It’s a great way to meet other parents and kids at the school, and enjoy a fun afternoon at school with your kids and the school community.

Families are invited to join us for the communal dinner only, or to stay the night and campout. Don’t worry if you don’t have a tent or camping gear, because lots of people campout in the school hall. We will also (hopefully) be having a drumming workshop just before dinner, and the kids will love it.

All you have to do is come along and bring something tasty to share for the communal dinner table, and camping or sleeping gear (if staying overnight).

We hope you can make it!

Drumming Workshop – 5:30pm - 6:15pm
Dinner - 6:30 onwards

On Sunday 15th of March at Circular Quay the children’s festival was on. At the children’s festival it was very fun and had a lot of activities. There was also a poster competition, if you design a fabulous poster you can win prizes, and ONLY five children under 13 in the whole NSW can win, at Marrickville West there was three people that got chosen to win a prize those people were; Kiet, Kyra and Saghan.

-By Kiet

Marrickville West P&C invites you to join us for the
**STAGE 1**

Up Down and All Around

In Science this term, Stage One are investigating changes that happen to our earth over time. Students have been out and about in our playground and school gardens to find out what parts of our world change quickly and what changes slowly over many many years.

2GB was busy working in the computer room writing their stories.

1A and 1P went to the school garden for a Science and Technology lesson to learn about all the plants and insects in the garden. Mr Spencer showed the year ones the native bee hive, vegetables and fruit that grow in the garden. We also tasted basil and parsley in the garden.

Year ones looking at the native bee hive. The native bees in this garden only have black coloured bodies and do not sting.

**STAGE 2**

My Favourite Place to be

My favourite place to be is the beach because of the soft warm sand, the fresh cold waves, the cool calming breeze and the hot warming sun.

My first time at the beach was when I was 5 years old. I went there with my cousin, my auntie, my uncle and my mum. We first collected water in our buckets. We had to drag the water in the bucket all the way to the place we were sitting then we splashed our water into the sand to make it all sticky and soft so we could scoop it. When we were finished we had made a beautiful castle.

I sometimes go swimming at the beach and when I get tired and hot there’s always cold ice-cream waiting for me on the shore. At the beach the first thing I do is make a sandcastle. I always make two little towers and one giant tower. The beach is very nice and there are so many reasons why I love the beach but can’t tell all at once.

by Fabiha, 4M

If I could be anyone or anything in the world it would be a piece of paper. If I was a piece of paper I could turn into origami. People could write on me or tear me apart. I could be in millions of adventures. People could draw on me. I could fly in the air. I could get really wet if I went into water. People could colour me in bright colour patterns and symbols and more. People could read me for hours. People could write important information on me.

by Areeb 4M

Ten minute drawings 3B did inspired by the storm on Sunday 1st March and after reading ‘Sailing Home’ by Colin Thompson & Matt Ottley.

Carnival of Codes drawings...
STAGE 3 SCIENCE GUEST SPEAKER: Chris Caloudis

On Thursday, 5 March Chris Caloudis, a Products and Packaging expert visited MWPS to give a presentation to 6C & 5K. 6C & 5K are learning about products and packaging and are about to embark on product and packaging design project.

People make, use, distribute and consume an enormous quantity and variety of goods and commodities. The greatest proportion of human activity is in providing these products and services. Students have and will continue to focus on the following:

1. WHAT processes are involved in the production of goods?
2. WHAT are products made from?
3. WHAT are some properties of materials that products are made from and how do these processes influence their use?
4. WHAT are the aesthetic and functional features of packaging?
5. HOW can we make packaging sustainable?
6. HOW can we make packaging sustainable?

Chris presented a vast array of familiar supermarket shelf products on Thursday which gave the students a great opportunity to clearly see (and sample) a variety of packaging examples and to start to understand why there are differences in production processes, material properties and product uses. Chris explained that the process from factory plant to consumer’s homes was about getting the product to the consumer, protecting it, promoting it and reducing materials where possible.

Stage 3 also is studying the Greenway project which is about our environment and cooks river. We’ve been doing a map from our house to the school with Mrs Roberts, which is part of the greenway. We also had to draw a map from the school to Cooks River.

With Mrs Cribini we’ve been watching about how it was like in war and when Australia went to fight in Gallipoli. We learned that it’s been 100 years since we fought in World War 1. We also learned that ANZAC stands for Australian and New Zealand Army Corps.

With Miss Keir we have been doing science and learning about kinetic energy and potential energy. We learned how without energy we wouldn’t be able to move. Because the food we eat is chemical energy which gives us the energy to move and do anything.

By: Anastasia GC
**P&C UPDATE**

**WestWalk**
WestWalk, Marrickville West’s walkathon, is happening on Thursday 30th April.

Last year’s West Walk was a school highlight for many. The kids walk a circuit within the school grounds, complete with obstacle courses and this year will be even more COLOURFUL!! It’s a fun day of activity. Last year we raised over $8000 which went into the building of the new nature-based playground - which will open in Term 2! More information is coming home soon.

**Canteen Cook-up**
On Sunday 26 April (the first Sunday in Term 2) we will have a cook-up of homemade bolognaise in the canteen. We cook on site, complying with all canteen guidelines and package and freeze the meals.

Come and cook healthy, yummy food for the kids over winter. Pasta bolognaise is one of their favourites!

**Next P&C meeting**
Next P&C meeting this Thursday 19th March 7:00pm in the Staff Room. Come along to help us decide what we will be spending our P&C money on this year.

**Communal Dinner and Campout**
Next weekend is our Communal Dinner and we’d love to see as many families there as possible on Saturday night from 5:30pm. There will be some drumming workshops, a yummy dinner and then a campfire afterwards with marshmallow roasting. All families are welcome to camp overnight too, if you don’t want the fun to stop. Tents can be set up in Henson playground from 3:00pm on Saturday or roll out your sleeping bags in the Hall if you don’t have a tent.

**State Election Day**
We are working hard to make some wonderful stalls available to the voters who come to the State Election Day on Saturday 28th March. We’ll have a cake stall, a trash and treasure stall, a BBQ and the canteen open for snacks. We need LOTS of volunteers to help so make sure you put your name on the rosters on the P&C noticeboard. Or email mstopic@exemail.com.au with the times you’re available. We hope to be able to raise over $3000 to spend improving our school.

Welcome to the P&C’s new executive team for 2015. If you have any questions or comments or ideas for the P&C you can find us in the playground. We welcome all suggestions.
### Before School – Fuel Up!

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<tr>
<th>Snack</th>
<th>Price</th>
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<tr>
<td>Cheerios</td>
<td>50c</td>
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<tr>
<td>Sultanas</td>
<td>50c</td>
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<tr>
<td>Seasonal Fresh fruit</td>
<td>70c+</td>
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(No snack foods will be sold to students before school)

### Super Sandwiches, Toasties & Salad

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<tr>
<th>Sandwich/Toastie</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buttered Vegemite</td>
<td>$1.30</td>
</tr>
<tr>
<td>Baked Beans Vegemite</td>
<td>$1.60</td>
</tr>
<tr>
<td>Vegemite &amp; Cheese</td>
<td>$2.60</td>
</tr>
<tr>
<td>Egg/Cheese/tuna/chicken slice/ham</td>
<td>$2.60</td>
</tr>
<tr>
<td>Cheese &amp; tomato</td>
<td>$3.00</td>
</tr>
<tr>
<td>Egg &amp; lettuce</td>
<td>$3.00</td>
</tr>
<tr>
<td>Chicken, lettuce &amp; mayo</td>
<td>$3.40</td>
</tr>
<tr>
<td>Tuna &amp; mayo</td>
<td>$3.00</td>
</tr>
<tr>
<td>Tuna or Ham or Cheese with Salad</td>
<td>$3.80</td>
</tr>
<tr>
<td>Ham &amp; cheese</td>
<td>$3.00</td>
</tr>
<tr>
<td>Ham &amp; tomato</td>
<td>$3.00</td>
</tr>
<tr>
<td>Cheese &amp; tomato</td>
<td>$3.00</td>
</tr>
<tr>
<td>Ham, cheese &amp; tomato</td>
<td>$3.40</td>
</tr>
</tbody>
</table>

### extras

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Filling (each)</td>
<td>60c</td>
</tr>
<tr>
<td>Roll or wrap</td>
<td>60c</td>
</tr>
<tr>
<td>Mayo/tomato sauce</td>
<td>30c</td>
</tr>
<tr>
<td>Sweet chilli/BBQ/soy sachets</td>
<td>30c</td>
</tr>
<tr>
<td>Salad plate/box</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

(lettuce, tomato, cucumber, celery, carrot)

| Add – Tuna/egg/ham            | +60c ea |
| Plastic Spoons...             | 5c     |

### Drinks

<table>
<thead>
<tr>
<th>Drink</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up &amp; Go</td>
<td>$2.10</td>
</tr>
<tr>
<td>200ml 100% Juice (box)</td>
<td>$1.30</td>
</tr>
<tr>
<td>200ml 100% Juice (bottle)</td>
<td>$2.00</td>
</tr>
<tr>
<td>Plain milk</td>
<td>$1.30</td>
</tr>
<tr>
<td>Yoghurt</td>
<td>$1.30</td>
</tr>
<tr>
<td>Flavoured Milk (lite)</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

### Frozen Treats

<table>
<thead>
<tr>
<th>Treats</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frozen fruit pieces (bag)</td>
<td>20c</td>
</tr>
<tr>
<td>99% fruit juice ice sticks</td>
<td>60c</td>
</tr>
<tr>
<td>Juicies</td>
<td>80c</td>
</tr>
<tr>
<td>Peters Fandangles</td>
<td>$1.50</td>
</tr>
<tr>
<td>Frozen yoghurt</td>
<td>$2.00</td>
</tr>
<tr>
<td>Slushy (99% fruit) Small</td>
<td>$1.00</td>
</tr>
<tr>
<td>Slushy (99% fruit) Large</td>
<td>$2.00</td>
</tr>
<tr>
<td>Gelato cups – 2 flavours</td>
<td>$1.50</td>
</tr>
</tbody>
</table>

### Something New!

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steamed Vegetarian Gyoza (V)</td>
<td>70c</td>
</tr>
<tr>
<td>Cheese &amp; Spinach Triangle (V)</td>
<td>$1.20</td>
</tr>
<tr>
<td>Vegetarian Rice Paper Rolls (V)</td>
<td>$1.50</td>
</tr>
<tr>
<td>Mini Cheese &amp; Spinach Quiche (V)</td>
<td>$1.20</td>
</tr>
<tr>
<td>Mini Spinach &amp; Ricotta Roll (V)</td>
<td>$1.00</td>
</tr>
<tr>
<td>Mini Potato Top Beef Pie</td>
<td>$1.50</td>
</tr>
<tr>
<td>Fried Rice</td>
<td>$3.50</td>
</tr>
<tr>
<td>Traditional Potato Bake</td>
<td>$3.50</td>
</tr>
<tr>
<td>Vegetarian Lasagne</td>
<td>$3.50</td>
</tr>
<tr>
<td>Fruit Salad Cup</td>
<td>$2.00</td>
</tr>
<tr>
<td>Hot Corn Cob</td>
<td>$1.00</td>
</tr>
</tbody>
</table>

### Snacks

<table>
<thead>
<tr>
<th>Snack</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potato Chips (28g)</td>
<td>$1.20</td>
</tr>
<tr>
<td>Popcorn</td>
<td>$1.00</td>
</tr>
<tr>
<td>Roasted Seaweed</td>
<td>$1.00</td>
</tr>
<tr>
<td>Rice/Grain snacks</td>
<td>$1.00</td>
</tr>
<tr>
<td>Gingerbread Folk</td>
<td>$1.60</td>
</tr>
<tr>
<td>Vege Crackers</td>
<td>$1.20</td>
</tr>
<tr>
<td>Flavoured Rice Crackers</td>
<td>$1.20</td>
</tr>
<tr>
<td>Hard-boiled egg</td>
<td>$1.00</td>
</tr>
<tr>
<td>vegetable Sticks</td>
<td>30c</td>
</tr>
</tbody>
</table>

### DAILY MEAL DEALS

**Monday: Chook Chook**
- 5 Chicken wedges or Chicken Burger (Halal) : $3.50
- MEAL DEAL w/ oak milk & pieces of fruit : $5.00

**Tuesday: Pasta & Curry & Pizza**
- Homemade Bolognese Pasta : $3.50
- Lasagne : $3.50
- Juicy Pizza Slice – Ham & Pineapple : $2.50
- Vegetarian Pizza : $3.00
- Mild Butter Chicken Curry with rice. : $3.50
- MEAL DEAL w/ oak milk & pieces of fruit : $5.00

**Wednesday: Sushi & Soup**
- Sweet corn and chicken soup with bread roll : $2.50
- Sushi (pre-order Tuesday) : $3.00
- MEAL DEAL oak milk & pieces of fruit : $5.00

**Thursday: Chook Chook**
- 5 Chicken wedges or Chicken Burger (Halal) : $3.50
- MEAL DEAL w/ oak milk & pieces of fruit : $5.00

**Friday: Pies**
- Chicken Pie : $3.50
- Halal Beef Pie : $3.00
- MEAL DEAL w/ oak milk & pieces of fruit : $5.00

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Foods coloured GREEN are approved by The Healthy Kids Association for eating everyday. The other foods are recommended as occasional foods.

Vegetarian (V) & Halal food options available everyday. Please ask Wendy in the canteen.