5/6K were lucky enough to be invited to attend Google Headquarters, Pyrmont to celebrate Jamie Oliver’s Food Revolution Day.

Food Revolution Day is an annual event that happens in over 80 countries around the globe. This year the focus was on promoting healthy eating and engaging kids in cooking.

Students from 5/6K met Healthy Harold and learned how to make a ‘Rainbow Wrap’, which consisted of healthy salads and fillings wrapped in a tortilla. Children custom made their own and enjoyed their wrap for lunch, yum!

The fun did not stop there, after lunch the children went on a guided tour of Google Headquarters. The décor and furnishings of their offices were out of this world! The Googlers’ (employees) ride around on scooters to transport around the offices, they have a creative wear dress code, ALL meals that’s right, ALL meals are provided to the Googlers. The meals are prepared by chefs and available in 3 cafes which are buffet style.

The headquarters is ALWAYS open; we learned that some Googlers work through the night to take international conference calls with the United States, where Google is based.

Google inspire their staff to be creative, so the facilities they provide include games rooms, reading lounges, relaxation hubs, micro-kitchens and funky meeting rooms.

5/6K felt privileged to be the FIRST ever school group to visit Google and to have experience Food Revolution in such a creative space.
From the Principals’ desk...

Our school is never boring! Thanks to the imagination and hard work of our teachers and wider community, learning is one adventure after another at MWPS. In just the last 2 weeks of school our senior students have visited Google’s Sydney Headquarters and the Apple Store to create movies; Stage 1 have had a Healthy Eating Master Chef Day; a group of Year 6 students attended a Leadership in Sport workshop with neighbouring schools; the Recorder Group attended a rehearsal for their upcoming performance at the Opera House; every child K-6 participated in our Public Speaking Competition; dozens of children and family members participated in Walk Safely to School Day; Year 5 and 6 visited the Australian Catholic University; we all had a chance to enjoy a home cooked Vietnamese lunch provided by the adult English class at Connect; Our P&C presented another fabulous Friday Film Night; fun was had at Got Game, after school rollerblading and JuJitsu sessions … Next, Kindergarten will prepare to see “The Gruffalo”, a popular children’s picture book, performed live in a professional theatre. After almost every one of those events I have received comments from staff, visitors, bus drivers, hosts and in two cases - members of the public, applauding visitors, bus drivers, hosts and in two cases - members of the public, applauding the behaviour and consideration of our children. Not only does this positive feedback inspire pride and incentive for staff to continue to work hard to make learning relevant and fun for our students, but it also enhances the positive tone and reputation of our school. Well done Marrickville West!

This week we also farewelled Ms Jones who is taking some time to attend to her health and family after 31 years of teaching at Marrickville West Primary School. As principal, colleague and the mother of a child lucky enough to have been taught by Robyn Jones, I can attest to the positive impact and dedicated support she has offered all at Marrickville West over that time. Ms Jones is the teacher who has the resource for every learning situation and is ready and happy to share. She is the teacher who remembers a child’s smile before the headaches they might have caused. She is the optimist who sees what’s possible before the obstacles to be overcome. Many people may not be aware that in addition to being a well-loved learning support teacher for Kinder and Year 1, Ms Jones was also a classroom teacher (K-6) and at one time an Assistant Principal at Marrickville West. Her commitment to our school has been so strong, Ms Jones has changed roles on our staff and is ready and happy to share. She is the teacher who remembers what’s possible before the obstacles to be overcome. Many people may not be aware that in addition to being a well-loved learning support teacher for Kinder and Year 1, Ms Jones was also a classroom teacher (K-6) and at one time an Assistant Principal at Marrickville West. Her commitment to our school has been so strong, Ms Jones has changed roles on our staff and is ready and happy to share. She is the teacher who remembers what’s possible before the obstacles to be overcome.

Interview with Zabi Mazoori Soraya’s Dad
Background: Afghanistan
Stage 2 have been writing and presenting speeches about Multicultural Australia. We were very fortunate to have a special guest speaker, Soraya’s Dad, Zabi to come to our classroom to talk to us about his journey to Australia from Afghanistan. Zabi is an Australian refugee who came in 2001 at the age of 19 and stayed at Port Hedland Detention Centre in WA for 3 months then the Government released him. He now works at Christmas Island Detention Centre caring for children who don’t have any parents. Zabi got back from Christmas Island 3 weeks ago. In Detention Centres you only get 2 weeks of school then 8 weeks of no school. You get fed fruit, vegetables, rice and meat. You get provided with clothes so you don’t have to bring your own clothes. When you go anywhere you have a card to scan at gates to enter certain places. There is no electricity so no phones or computers but there are TVs. The Detention centres have gyms and play areas. Most people that are in Detention Centres come from around Asia and the Pacific Ocean. Guards at detention centres do not carry weapons, not even tasers. Detention Centres are like prisons without bars.

From the Office

Uniform Hours
Our Uniform Room Opening Hours are on Monday & Wednesday from 9:00am to 10:30am
Alternatively you can - Fill in the Uniform Order Form & drop it into the office with your payment: A copy of the form can be found on our website: http://www.marrickviw-p.schools.nsw.edu.au/forms
Payments:
- We accept EFTPOS, MasterCard, Visa Credit Cards, Cheques and Cash.
- Please ensure that if paying with cash that you enclose the right money as we do not have change.
- We cannot process Amex or Diners
- Every Effort will be made to get your uniform to you on the day of order.
Thank you

Anne & Stav

Calendar Dates
2/06/2014 Masterchef Style Incursion Stage 1
04/06/2014 Whole School Photo & Group Photos K-6
04/06/2014 UNSW Comp-Science Yr 2-6
04/06/2014 K/1B Assembly
16/06/2014 UNSW Comp-Writing Yr 3-6
16/06/2014 Sydney Dance Festival 7:00pm
17/06/2014 UNSW Comp-Spelling Yr 3-6
25/06/2014 Mini Bilingual Film Festival

School website contains news, class overviews for the term, useful information from DEC and a school calendar with links to permission notes.
So to: www.marrickviw-p.schools.nsw.edu.au
Kindergarten are getting crafty when it comes to their learning. The children have been learning all about plants as part of their unit on Living Things. They know the different parts of plants, the special job that each part has and what plants need to live.

Take a look at our flower craft, autumn leaf artwork and origami flowers.

Need more newsletter?
Current & past issues of the newsletter are found at:

www.tinyurl.com/MWPSnews

STAGE 1

This week Stage 1 participated in Public Speaking

2G K FINALISTS

1S FINALISTS

Year 1 Finalists at The Showcase

2G Speakers
**Funny Jokes**

Q. What’s Old, Grey and still hiding in the Cupboard?  
A. A Hide and seek Champion.

Q. Why did the scientist put a knocker on his front door?  
A. Because he wanted to win the no-bell prize.

Q. Why do bees have sticky hair?  
A. Because they have Honey Combs.

By Nick 5/6C

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**STAGE 2**

Q. What's Old, Grey and still hiding in the Cupboard?  
A. A Hide and seek Champion.

Q. Why did the scientist put a knocker on his front door?  
A. Because he wanted to win the no-bell prize.

Q. Why do bees have sticky hair?  
A. Because they have Honey Combs.

By Nick 5/6C

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**STAGE 3**

**ACU Visit Stage 3**

On the 20th of May stage3 went to ACU (Australian Catholic University). It’s at Strathfield. The instructors introduced themselves to us. Everyone got a bracelet. After 5/6K got an orange bracelet and 5/6C got a red bracelet. We first did an Aboriginal traditional dance. We were pretending to be an animal. Then we got leaves and danced. After, we had morning tea. We ate delicious desserts and mini burgers!

By Jenisa and Eloise

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**Walk Safely to School Day**

Walk Safely to School Day was a big success. Students from Marrickville West met staff and Marrickville police officers at 3 locations then practiced walking safely to school. Participants received a “Walk Safely to School” sticker when they arrived. Thank you to the parents who made time to join us for the walk and to the children involved. Another fine example of the Marrickville West community working as one.

By Tilly 5/6C

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**Recorder Group News**

On Wednesday 21st of May, the recorder group set out for their first big combined rehearsal with other school groups in the city. I am proud to say our students were well prepared and sounded fantastic! Our recorder group have been working hard every Wednesday reading the scores and playing as an ensemble to three compositions:

1: Can Can (We think you will all recognize this one…)
2: Gulaga Dreaming (A beautiful arrangement for recorders, inspired by the South Coast and especially commissioned for the Opera House Concert.)
3: Prince Ivan and The Wolf (An exciting Finale for the Opera House Concert.)

The Festival for Instrumental Music will be presented at the Opera House on Wednesday 25th June at the Sydney Opera House from 7.00 till 9pm. Tickets for family and friends will be released for sale promptly at 9am on Wed May 28th through the Sydney Opera House Box Office or online through the SOH website. It is a wonderful opportunity to hear our students participate in an enriching and inspiring musical event.

Thank you to Esther from Ms Ling.

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**The Test**

Today is the day. Now is the time. I know I will fail, I can just feel it in my bones. Everyone is expected to pass.

My test paper is passed to me. I politely smile and say thank you, in hopes of lifting my chances. “You’re welcome,” says the teacher. She walks back to the front of the class and tells us to start. Everybody eagerly turns over the front page, wanting to answer the first question.

I stop my hand from turning the page, I don’t want to do this. “A hum…” coughs the teacher, suspiciously eyeing me above the frame of her glasses. I sigh and lazily turn over the front page. I see the first few questions and I sigh. How can these kids want to answer these questions?

My hand is sucked to the paper, I can’t control it. As my hand gets closer and closer, it touches the paper. My hand is sucked in, it won’t come out. The paper slowly sucks my arm in, now moving on to my head. I try to scream, but it has already covered my face. It has now swallowed my whole body. I am in a strange world. I bang on imaginary walls. Of course, they’re not really there. I know I can’t get out.

But I wonder if I could still try to answer those questions…

By Tilly 5/6C
**PLANTS IN ACTION!!**

In 3/4 M we have been studying ‘Plants in Action’. We have learnt about the life cycle of plants and are undergoing an investigation on the growths of plant. Some of us have chosen to change the amount of sunlight and others have chosen water. We are observing and investigating the changes these variables have on the growth of a plant. Just recently we have put our scientific thinking caps on and have explored the idea of creating rainbow flowers. By placing the flower in dyed water we are going to learn that a plant sucks up its nutrients and water from the roots and can be seen through the flowers. See some of our results below. We look forward to creating Plant raps and getting our imagination out by acting out the plant life cycle. Hopefully we can present these to you in one of our assemblies. Until then remember, ‘You are living, You occupy space, You have a mass; You matter’ - Albert Einstein

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**Year 3 Compass Graduation**

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**MUSICAL INSTRUMENTS WANTED**

The P&C are excited to announce that soon Marrickville West will be offering an extended music program comprised of a number of ensembles, including a brass and woodwind concert band and a ukulele group. We are able to launch this thanks to a financial grant and some dedicated parents and teachers, but we need your help.

You can’t play music without instruments, and we need good working instruments! If you have a spare clarinet you no longer play, an abandoned trumpet gathering dust or an out-of-tune ukulele sitting lonely in a corner we would love to take it off your hands and put it to good use.

We are currently looking donations of following instruments (please drop them off at the office):

- Trumpets/Cornets
- Eb or French Horns
- Trombones
- Baritones/Euphoniums
- Tubas
- Flutes
- Clarinets
- Saxophones
- Recorders
- Ukuleles
- Violins
- Cellos

We will be sending home more information about this initiative in the coming weeks.

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**A Mini Film Festival of Bilingual Stories**

Marrickville West Primary School children are filming bilingual stories as told by other students, parents, teachers, and community members.

The films will then become a mini Film Festival of Bilingual Stories, which will be launched as a part of Marrickville Council’s Open Marrickville Festival during the last week of June.

Bilingual story-telling has been an annual event at Marrickville West for several years.

The Marrickville West Primary School students use iPads to film the stories, which range from told stories, reading from books, puppeteering and dance, theatre, with many presented bilingually.

Children are learning film techniques, and storytellers are learning to adapt their stories for the screen. When complete the three minute film clips will be formatted into You Tube and other social media streams.

“All children just love stories and storytelling,” said Vivienne Martin, a Local Facilitator at Marrickville West Primary School. “In fact all people have an innate interest in hearing stories. So this is a really enjoyable and effective way to enrich our students’ exposure to both their first and second languages - and that in turn enhances their language ability.”

The Mini Film Festival of Bilingual Stories Open Marrickville Festival is on Wednesday 25 June from 2.30 – 4.30pm at Marrickville West Primary School.

The Project is funded by Marrickville Council and auspiced by Community and Cultural Connections Inc.

To learn more about this event, please contact Vivienne Martin, Local Facilitator

**Connect Office**

**Marrickville West Primary School**

Phone: 9558-4036

0421 550 119

connectmarrickville@gmail.com

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**We loved Google (It was the best School excursion I have ever been to in my life) I enjoyed every part of it! Google is awesome!**

By Jesse 5/6K

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**My favourite part of visiting Google was watching, my teacher fall off the tyre!**

By Cooper 5/6K
SCULPTURE BY THE SCHOOL
On Saturday 13 September 2014, the P&C Association will host an exciting new event, Sculpture by the School. Throughout the afternoon and evening there will be entertainment, art activities for kids, food and drink, arts and craft stalls and a special installation performance piece. Sculpture by the School will invite professional artists to enter artworks into an outdoor Sculpture Walk, the P&C receiving a commission on works sold. All other artists (budding, student and amateur) are invited to donate sculptures to be exhibited and sold at the event, with proceeds going to the P&C. The event’s centrepiece is the installation piece. During Term 3, all students will work with the aid of university art students and artists to create a unique ‘Rube Goldberg’ machine. For a great example: https://www.youtube.com/watch?v=qybUFnY7Y8w.

A strong team of artists, parents, staff and students will bring this exciting idea to life. The committee for this event is headed by Greg Shapley and Thomasin Litchfield with Tamesin Elliott, Stav Murphy, Terry Macnee, Sara Haddad and Carolyn Murphy. For more information on how to be involved please email Thomasin at thomasin.litchfield@gmail.com We need people interested in coordinating or having food stalls, coordinating entertainment, kids activities – and more.

NEXT P&C MEETING: 7pm Thursday 12 June
in the Staff Room. All parents are welcome to come along and learn more about the school and give their ideas on how to make it a better place.

The Learning Difference Convention
6 and 7 August
Rose Hill Gardens
Sydney
BOOK ONLINE
Australia’s Largest Learning Difficulties Event
Choose from 30 one hour PD seminars … over two days … under one roof!
Free entry to exhibition hall, free workshops within the exhibition hall, free stress balls, free parking, free interactive & accessibility technology!
Dip into seminars… overseas speakers… research universities… explore the exhibition hall with loads of resources … links to vital charities … and more!
An event for anyone in need of help with Learning Difficulties
www.learningdifferenceconvention.com
Proudly supported by

P&C UPDATE

Manifest-OH! Our very own Marrickville Animation Festival
A HUGE thanks to Joe and Tam for stepping up to help out at the last Manifest-oh. Another great lineup of animations from around the world; France, Brazil, Australia, UK. Keep an eye out for the next one in Term 3, we already have lots lined up!

The Band is Coming to Marrickville West!
The Music Sub-committee has had a big win, securing a grant to buy musical instruments and kickstart an ensemble program. Please see the note included in this Newsletter for more info.

We Need You!
The P&C are always keen to meet you and there are always small ways to make significant contributions to life at Marrickville West. Right now we are looking for people to make and serve coffee on Wednesday and Friday mornings. It’s only a one hour commitment and the teachers love you for it! We also need a couple of people to run the Mothers’ and Fathers’ Day Stalls. You will be well supported if you take on this job!

Ethics classes just keep on growing! If you are interested in becoming an Ethics teacher, it is a small time commitment each Tuesday morning. For more info, go to http://www.primaryethics.com.au or email our Ethics co-ordinator Yolanda Waskito at yolandawaskito@yahoo.com.au

Entertainment Books are here!
Get your very own 2014-2015 Entertainment Book at Marrickville West Primary School! All books sold at the school support our fundraising efforts. The Sydney Books are $70 this year and have even more value than last year, which is over $20,000 in savings. As of this year, you can purchase the Entertainment Book in hard copy or as an app on your phone. Hard copy books are available for purchase in the office. If you prefer the app, the link will be sent to you with a username and login to get up and running on your phone.

Please enclose the $70 in an envelope with your child’s name, class and either ‘book’ or ‘phone app’. If you would like the phone app, also write down the email address for which the link will be sent to.

Happy savings!

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Proudly supported by

The simplest way
to make a healthy brekkly!
Breakfast is one of the most important meals of the day, but did you know that many Aussie families skip it? A healthy brekkly improves energy levels, alertness and concentration, plus it’s an easy way to throw in an extra serve of fruit & veg.
Here are some quick brekkly ideas:
• Sliced bananas or avocado on toast
• Add chopped pegs to an omelette or savoury pancake
• Create a warm porridge or cereal with canned or fresh fruit
• Top a wholemeal muffin or toast with cooked tomato, mushroom, baked beans or creamed corn

For more information visit
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Eat It To Boat It

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Eat It To Boat It
SPECIAL SCHOOL OFFER

SUPER LOW FIXED & VARIABLE HOME LOANS

resi Inner West will donate $200 to your school for each new loan settled from now until the 30th November 2014. Valid for staff and friends who mention this ad.

NEW SCHOOL HOLIDAY PROGRAM!

Be a part of Australia’s leading children’s soccer program this school holidays!

- 3 day program
- Each day runs for 5 hours
- For boys and girls aged 6 to 9 years
- Experienced and qualified coaches
- Games, skills, drills
- Nurturing and fun environment
- Non competitive, non elite program
- Social interaction with other children

Register now to secure your child’s place!

www.soccajoey.com 1300 781 735

SCHOOL HOLIDAY PROGRAM

August
- Summer Vacation
- 30th June - 11th July 2014

Program Details:
- Ages: Children between 5-13 years will be divided into age groups: 5-7 Years, 8-10 Years, 11-13 Years
- Cost: Early Bird: Half Day ($45), Full Day ($55)

Kool Kidzz Cape Cod
- Food to be supplied at minimal cost.

Contact Details:
- Tam - 0424 112 724
- www.intamiscare.com.au
- intamiscare@gmail.com

Venue:
- Randwick Town Hall, NSW
- Located in the Auditorium (Level 0 Building E)
- Cnr Darley Rd & King St
- Randwick 2031
Free ‘Come & Try’ Rollerblading at YouSkate ‘Kids Club’

When: Saturday & Sunday – booking required
Time: 10am-11.30am
Where: McNeilly Park, Marrickville

What is ‘YouSkate’ Kids Club?
Sessions are for a maximum of 12 children (ages 4/5 to 11) for 1.5 hours. All equipment provided.

Emphasis is on fun and games with ‘learning by doing’. Young children are more interested and stimulated in this type of activity when other children are involved, therefore a minimum of 10 children is required. Prerequisite is that children can stand and walk on their skates unaided.

I’m very excited about running this because kids love to skate and it’s a great way to get them active. I’m more than happy to offer an initial session at no cost to try to develop interest in ‘Kids Club’. Future sessions would cost $20 and having discussed this with parents, the general feedback is that this offers very good value.

The Marrickville Peace Group & Refugee Advice and Casework Service
Refugee Week Film Screening

This compelling feature documentary traces the community reaction to Tasmania’s first detention centre through the eyes of local knitting club member Mary and Afghan Hazara asylum seeker Mohammad, who lives inside the centre, as they connect through the gift of a knitted boomerang.

(The heritage listed original Marrickville Town Hall is located on the corner of Iwara Road & Council Street in Marrickville)

Entry by donation ($10 and $5 concession)
Proceeds to support Refugee Advice & Casework Service
Enquiries: Jo Ereny, joereny@gmail.com or 0420 229 460
www.marrickvillepeacegroup.wordpress.com

Piano & Singing Lessons

INNER WEST AREA

- Learn songs of choice and tutor selected songs
- Beginners Welcome!
- Piano students taught foundations in a structured but enjoyable way
- Vocal students learn about vocal health/techniques & develop vocal capacity and repertoire
- Convenient Drive-To-You Service – $40 / 1 hr, $70 hr

About Tutor
Years of experience teaching / Advanced Diploma specialising in Contemporary Songwriting / Performed original music at many venues around Sydney / Released 2 EP’s of original music / AMC Certificate

PH: 0409 122 761
jus timemartimus ic@gmail.com
www.justinemartimus.com.au

CONTACT INFO

Youth Zone | Term 2: May - June 2014

ABOUT
Youth Zone is a series of fun and free after school activities at Marrickville Library.
Activities are suitable for youth 10 - 16 years of age.
Book online or call 9335 2173.
marrickvillelibrary.eventbrite.com.au

CHOC-CORNFLAKE TREATS:
Marrickville: Thursday 22 May
3.30pm - 4.30pm
Bookings open Tuesday 13 May
Learn how to whip up these delicious and simple sweet treats.

WII PLAYER GAMING:
Marrickville: Thursday 9 May
3.30pm - 4.30pm
Bookings open Tuesday 15 April
Challenge your friends on your favourite Wii game.

RAINBOW FISH STORY AND CRAFT:
Marrickville: Thursday 29 May
3.30pm - 4.30pm
Bookings open Tuesday 20 May
Listen to the story The Rainbow Fish, and then make some cool sea creature craft.

TOO MANY ELEPHANTS IN THIS HOUSE STORY AND CRAFT:
Marrickville: Tuesday 12 June
3.30pm - 4.30pm
Bookings open Tuesday 20 May
Listen to the story Too Many Elephants in this House, and then create some fun elephant craft.

YEAR OF THE HORSE ORIGAMI:
Marrickville: Thursday 5 June
3.30pm - 4.30pm
Bookings open Tuesday 13 May
In Chinese astrology it’s the Year of the Horse. Test your origami skills when you create this little paper horse.

GIANT GAMES ARVO:
Marrickville: Thursday 19 June
3.30pm - 4.30pm
Bookings open Tuesday 2 May
Join us for a chilled-out movie afternoon, complete with popcorn and poppers.

FREE ‘COME & TRY’ ROLLERBLADING AT YOUSKATE ‘KIDS CLUB’

When: Saturday & Sunday – booking required
Time: 10am-11.30am
Where: McNeilly Park, Marrickville

What is ‘YouSkate’ Kids Club?
Sessions are for a maximum of 12 children (ages 4/5 to 11) for 1.5 hours. All equipment provided.

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For bookings and further information please contact Peter Schaefer on 0452 273 327 or peter@youskate.com.au
# Marrickville West Munchies Canteen Menu 2014

## Before School – Fuel Up!
- Muesli with yoghurt or milk: $2.10
- Cheerios: 50c
- Sultanas & apricot pack: 50c
- Seasonal Fresh fruit from: 60c+
- Fruit Salad Cup: $2.00

*No snack foods will be sold to students before school*

## Super Sandwiches, Toasties & Salad
- Buttered: $1.30
- Vegie-tmite: $1.60
- Baked Beans: $2.60
- Vegemite & Cheese: $2.60
- Egg/cheese/tuna/chicken slice/ham: $2.60
- Cheese & tomato: $3.00
- Egg & lettuce: $3.00
- Chicken, lettuce & mayo: $3.40
- Tuna & mayo: $3.00
- Tuna or Ham or Cheese with Salad: $3.80
- Ham & cheese: $3.00
- Ham & tomato: $3.00
- Cheese & tomato: $3.00
- Ham, cheese & tomato: $3.40
- Salad: $3.30

## Extras
- Filling (each): 60c
- Roll or wrap: 60c
- Mayo/tomato sauce: 30c
- Sweet chilli/BBQ/soy sachets: 30c
- Salad plate/box: $4.00
- (lettuce, tomato, cucumber, celery, carrot)
  - Add – Tuna/egg/ham: +60c each

## Drinks
- Up & Go: $2.10
- 200ml 100% Juice (box): $1.30
- 200ml 100% Juice (bottle): $1.90
- Plain milk: $1.20
- Yoghurt: $1.30
- 750ml Pump: $2.50
- 400ml Mt Franklin: $1.50
- 400ml Pump: $1.50
- 450ml Sparkling water: $2.00
- Flavoured Milk (lite): $1.80

*Bottled water will be phased out in Term 2, 2014.*

## Frozen Treats
- Sold after the second lunch bell
- Frozen fruit piece: 20c
- 99% fruit juice ice sticks: 60c
- Juicises: 80c
- Streets Paddlepop: $1.40
- Frozen yoghurt: $2.00
- Slushy (99% fruit) Small: $1.00
- Slushy (99% fruit) Large: $2.00
- Gelato cups – 2 flavours: $1.50

## Something New!
- Steamed Vegetarian Gyoza (V): 70c
- Cheese & Spinach Triangle (V): $1.20
- Vegetarian Rice Paper Rolls (V): $1.50
- Vegetable Sticks with Hummus: 60c
- Mini Quiche (V): $1.20
- Mini Spinach & Ricotta Roll (V): $1.00
- Mini Potato Top Beef Pie: $1.20
- Fried Rice (gluten free): $3.50
- Traditional Potato Bake: $3.50
- Hot Corn Cob: $1.00
- Vegetarian Lasagne: $3.50

## Snacks
- Potato Chips (28g): $1.20
- Popcorn: $1.00
- Roasted Seaweed: $1.00
- Rice/Grain snacks: $1.20
- Gingerbread Fokl: $1.40
- Vege Crackers: $1.20
- Flavoured Rice Crackers: $1.20
- Hard-boiled egg: $1.00

## Daily Meal Deals
### Monday: Chook Chook
- 5 Chicken wedges (Halal) or Chicken Burger: $3.50
- MEAL DEAL w/ oak milk & pieces of fruit: $5.00

### Tuesday: Pasta & Curry & Pizza
- Homemade Bolognese Pasta or Pizza: $3.50
- Juicy Pizza Slice – Ham & Pineapple: $2.00
- Vegetarian Pizza: $3.00
- Mild (mango or butter) chicken curry with rice: $3.50
- MEAL DEAL w/ oak milk & pieces of fruit: $5.00

### Wednesday: Sushi & Soup
- Sweet corn and chicken soup: $2.50
- with bread roll: $3.00
- Sushi (pre-order Tuesday): $3.00
- MEAL DEAL oak milk & pieces of fruit: $4.50

### Thursday: Chook Chook
- 5 Chicken wedges (Halal) or Chicken Burger: $3.50
- MEAL DEAL w/ oak milk & pieces of fruit: $5.00

### Friday: Pies
- Chicken / Beef / HALAL Beef Pie: $3.00
- MEAL DEAL w/ oak milk & pieces of fruit: $4.50

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Foods coloured **GREEN** are approved by The Healthy Kids Association for eating everyday. The other foods are recommended as occasional foods.

Vegetarian (V) & Halal food options available everyday. Please ask Wendy in the canteen.