Night At The Museum
From the Principals’ desk...

NAPLAN
Congratulations to Marrickville West students in Years 3 and 5. NAPLAN results from tests completed in early May have arrived at school and should have been received by most families. I can confirm that we continue to be very proud of the evidence which suggests that on average, students at Marrickville West have a greater rate of “growth” in between Years 3 and 5 Numeracy and Literacy than the national average.

Other achievement highlights include Year 5 girls scored 30 points above state average and Year 5 boys 56 points above state average in Grammar and Punctuation.

More than half of Year 3 is considered to be “proficient” in Literacy, scoring in top Bands (5 and 6) for Reading, Spelling, Grammar and punctuation. 41% of our students scored in the top Band for Year 3 (Band 6) compared with 27% of students across NSW and Australia.

The average score for Year 5 children at Marrickville West in Number was 496 while the average for students across NSW was 489. Results were similar for Year 3.

Our students’ average score in Number surpassed the state average by 8 marks (2%).

It is important to remember that the NAPLAN test occurred in May and was taken by Years 3 and 5 only. It is not necessarily indicative of how students are performing in other grades or of what has been learned during the last 6 months of school. More information about Marrickville West’s results can be found on the MY School Website at www.myschool.edu.au.

Swimming
For the first time Marrickville West is offering an Intensive Swimming Program for students at Marrickville West. Unlike similar programs being run in other schools, the Marrickville West program will occur in classes of only 8 children with a professional instructor.

Subsidies from DEC and our own P&C have reduced the cost of this program from almost $100 down to $59. This amounts to about $7 per session (including pool entry and bus transport) which is significantly less than the regular cost of a quality swim school.

The Intensive Swimming Program is open to all students K-6 with a limit of 150 places. The program begins on 21 October. Notes have been sent home. Please contact the school office if you require further information.

The Intensive Swimming Program will replace Friday sport swimming for Term 4.

Commissioner for Children
It was with great pleasure our school hosted a visit by the national Commissioner for Children last week. Our School Captains, Onyi and Mitchell, greeted the Commissioner, Megan Mitchell on behalf of the children of Marrickville West. Megan explained her role and talked about the fact that children have rights under the UN Convention for the Child to which Australia is a signatory.

After talking about some of the issues they felt were important to children, they took the Commissioner on a tour of the school.

16 children from Years 4 and 5 then had an opportunity to create an “ideal” world for children. In groups they decided what children should have access to and what the laws should be in place.

Megan Mitchell was very impressed by the quality and insightfulness of our students’ responses. She will use this information to advise our Prime Minister, Tony Abbott about what children want and need.

Car parks
A child was almost hurt by a car reversing out of the car park on Livingstone Rd last week. DO NOT ENTER the staff car park on school days. The congestion caused is dangerous for our children leaving school and attempting to cross at near-by pedestrian crossings.

Disability parking
Disability Parking is available in the Livingstone Rd car park. These spaces are for families who have a Disability Parking Permit AND have the person for whom the permit was issued, present in the car. We have several families in our school community who require this special parking provision in order to access our school. Please consider them before taking a disability space you do not need.

Mrs Beattie
Congratulations to Miss Hartley who became the new Mrs Beattie during the last school holidays!! We wish Mr and Mrs Beattie a long and happy honeymoon!

Transition to school
The Transition to Kindergarten Program for children starting school in 2014 begins on Tuesday 29 October and runs each Tuesday for 5 weeks. Any child considering starting school at Marrickville West is encouraged to come along.

Sessions will begin in the Library at 9:45. Children will experience a range of activities that will give them an insight into school life and an opportunity to form relationships with new friends, teachers and buddies.

Ruth Bradfield-Ling
Principal
Congratulations Elena on receiving the 2013 Inner West Highly Commended Volunteer of the Year award for all her hard work, drive and passion in the Marrickville area.

Elena Julca has been a strong advocate and coordinator of White Ribbon Day in Marrickville for 4 years and has put her heart into standing up and saying NO to violence against women. She has been a part of the Multi Mix Mob for several years and volunteers on NAIDOC week events, as well as support many families in the Marrickville area. A fantastic award to a very deserving woman!

App of the week: Instagram

The app of the week is Instagram. If you like taking pictures then use Instagram. It's an app that allows you to shine in the world because you can use special filters to make things look better. Remember never to take pictures of yourself or your friends to share online.

Come and thank our Teachers!

This Thursday 24th October, we'll be celebrating International Teacher’s Day by providing our special teachers with some delicious breakfast/morning tea.

Come along from 9:00-9:30am to the Staff Room and share in the yumminess. The P&C will provide some breakfast items and free coffee for the teachers from Cafe West. If you can bring along some yoghurt, juice or a fruit platter for breakfast, a cake or slice for morning tea, or a small plate of sandwiches for lunch we can keep the love going throughout the day. But most importantly come along and let your child’s teacher know that you appreciate all the hard work they do.
Maths Help

Getting stuck on maths problems again? Don’t understand the questions? Today I will help you with volume.

What’s volume? Volume is the amount of space occupied by a 3D shape measured in cubic units. To measure the volume of an object you need to multiply height by width by base.

Look at this object below:

To measure the volume you need to remember the formula is height by width by base. For this object you multiply 6cm by 4cm by 5cm (5×4×6).

The answer is 120cm²

*Formula is the rule to do something

By Mathew Wang

Enrichment Groups Survey

Every Thursday afternoon the students from Marrickville West do fun activities at enrichment. We learn to make things that we didn't before (and become pro's at it). To us enrichment groups are so much fun that we decided to find out what the other fellow students of Marrickville West think about it.

1. It’s so cool.
2. I taught my mum after I learnt how to finger knit.
3. It’s the best class of the day.
4. It’s a bit boring making the blocks.
5. I love it.
6. I now know how to make sushi.
7. I can make small animated movies so it obviously is the best.
8. It’s so so fun.
9. It’s pretty cool.
10. I did get confused at times but at least it was relaxing.

Only one out of ten kids thought it could improve but looking at the bright side most kids think enrichment classes are amazing and so do we.

by Maisha and Sandra

Footsteps

The Footsteps program has commenced. Our instructor Britney is back teaching K-6. We had Hip Hop dancing for the first week. It was confusing to get all the moves in time to the fast paced music, but we all had lots of fun. By Cain

From the Office:

Welcome to Term 4. It’s already shaping up to be a very busy and active Term. Ms Anne has been away and enjoying a much welcomed break. We have all missed her. However, welcome to Chantal who has done an amazing job of filling in.

Kindy 2014 - Please ensure that you bring your enrolment forms as soon as possible so we can process and secure your place for 2014.

by Maisha and Sandra

Student Elections

The 2014 Student Leaders’ Speeches and Elections will take place on Tuesday 3rd December at 12.30pm. All students in Year 5 who will be participating in the process have an allocated Year 6 mentor to guide them. Since I’ve gone through process of the students elections here are some tips:

· Always make your speeches entertaining
· Try to be calm at all times on the stage
· Always practise your speeches over and over again

by Maisha and Sandra

Spanish Report

Hola amigos! Last week in Spanish we learnt about different types of pronunciation for food and technology. We also learnt the colours for fruit and also we learnt a song in Spanish. Adios amigos!

By Evie

Gardening Report

Hello readers, welcome to Term 4. Last Friday we did not get to garden so hopefully the plants have not died. We will be back in business on Friday and are looking forward to harvesting some parsley.

By Evie

Library Monitor Report

Welcome back to another hard working term. The library has got some fantastic reads for you. There are fantasy, action, drama books and many more. Here is a short list of good reads.

· The Ink Heart series
· The Legend of the Guardians series
· The Middle School series [Similar to Diary of a Wimpy kid ]
· Tom Gates collection
· The Series of Unfortunate Events.

Remember: reading opens up your door to new worlds.

by Maisha and Sandra

Enrichment Groups Survey

Every Thursday afternoon the students from Marrickville West do fun activities at enrichment. We learn to make things that we didn't before (and become pro's at it). To us enrichment groups are so much fun that we decided to find out what the other fellow students of Marrickville West think about it.

1. It’s so cool.
2. I taught my mum after I learnt how to finger knit.
3. It’s the best class of the day.
4. It’s a bit boring making the blocks.
5. I love it.
6. I now know how to make sushi.
7. I can make small animated movies so it obviously is the best.
8. It’s so so fun.
9. It’s pretty cool.
10. I did get confused at times but at least it was relaxing.

Only one out of ten kids thought it could improve but looking at the bright side most kids think enrichment classes are amazing and so do we.

by Maisha and Sandra

Maths Help

Getting stuck on maths problems again? Don’t understand the questions? Today I will help you with volume.

What’s volume? Volume is the amount of space occupied by a 3D shape measured in cubic units. To measure the volume of an object you need to multiply height by width by base.

Look at this object below:

To measure the volume you need to remember the formula is height by width by base. For this object you multiply 6cm by 4cm by 5cm (5×4×6).

The answer is 120cm²

*Formula is the rule to do something

By Mathew Wang
Selectives high schools application

Online applications open

Entry to Government Selective High Schools for Year 7 in 2015
Application is required by mid November 2013 for parents or carers of Year 5 students who wish their children to be considered for placement in Year 7 at a selective high school in 2015.
Parents with internet access are requested to apply online. Online applications will be available from 15 October to 18 November 2013.
Application information is available on the Department’s internet at: www.schools.nsw.edu.au/shsplacement
For parents without internet access a limited number of paper application forms will be available in government primary schools, selective high schools, network offices and NSW State Office at Bridge Street from 22 October 2013. Paper applications must be submitted to the student’s school principal by 18 November 2013.
All students seeking Year 7 entry to a selective high school in 2015 will be required to take the Selective High School Placement Test on the morning of Thursday 13 March 2014.
In NSW there are 17 fully selective high schools, 25 partially selective high schools, 4 selective agricultural high schools and a virtual selective class provision, offering selective placement in Year 7.
Boarding places are available at Farrer Memorial Agricultural High School (boys only), Hurlstone Agricultural High School (co-educational) and Yanco Agricultural High School (co-educational). Applicants may apply for a total of any four selective high schools.
A complete list of selective high schools is available at: www.schools.nsw.edu.au/schoolfind/types/shs_ahs_details.php
Enquiries about application procedures should be directed to the High Performing Students Unit, email: ssu@det.nsw.edu.au or telephone on 1300 880 367. Enquiries relating to individual school matters should be directed to the schools concerned.

Playground Buddies Report

We are the Playground Buddies. If you see a Year 6 student wearing a blue vest around please give it to a year 5 or 6. Here is a nice story. Last week a Kindergarten student was in tears because she could not find her lunch box. The girl asked a Playground Buddy for some help to find it. Guess what? The Playground Buddy walked with the Kindy until they found the missing lunch box. There were smiles all round. Good on the very caring Playground Buddy.

By Putu
A lot has happened in kindergarten!! Here are some pictures from our excursion to Calmsley Hill City Farm. The kids got to touch lots of animals, milk a cow, watch a sheep being shorn and a dog show too! ...

...and we also had a visit from Martin the Milkman (Miss Keir’s Dad!) He taught the kids all about how the milk goes from the farm to us! The brought his van and kids got to go inside to feel how cold it was. Martin also brought a healthy snack of milk and fruit for everyone! What a special treat!
A Night at the Museum - The Musical

more lovely photos of a fantastic night!
Holiday Club Cooking:

Do you like to Cook?

Come and be a part of Holiday Club Cooking Demonstrations.
In the Community Room on Fridays 2.30 – 3.30pm.
There is a budget of $30 for your ingredients.
See Nirmal - 0430 391 877
Helen - 0406 235 878
or Vivi - 0423 155 019

see Vivi for more info!

Intensive Swimming Program

Open to every student!
8 x 45 minute lessons with a qualified instructor provided for groups of 8 children.
Lessons will occur in a purpose built, heated, indoor training pool.

WHEN: Weeks 4 & 5 of Term 4
28 October – 7 November between 9.45am to 12:00pm.

Cost: $59 in total around $7 per lesson

See the office for more information!

School Campout

3pm Saturday 26th October to 10.30am Sunday 27th October
Henson St Playground / School Hall
Cost: $5 per person or $20 for a family of four or more

What to bring: Tent (if you don’t have a tent, you can sleep in the school hall), Sleeping bags, bedding, pillows, Lights or torches, Insect repellent, Any musical instruments or games, Plastic plates, cups and eating utensils for your family.
Anything else you might think you will need while camping

Breakfast: The P&C will provide a delicious cooked breakfast on Sunday morning.

i swear never to commit, excuse or remain silent about violence against women this is my oath

White Ribbon

Swear the oath this White Ribbon Day
25 November to put a stop to violence against women
www.whiteribbon.org.au

Find us at www.facebook.com/ConnectMarrickville
This week Glee Club has been practicing their dance to Party Rock Anthem. We performed it on Wednesday at afternoon assembly. It’s really fun to perform, but at first it can be a bit scary with everyone staring like this 😳. In the end you really tend to like it. Anyway back to the story, at the start of our dance we bounce onto the stage clapping then the music changes and we do slow motion arms. Suddenly the music goes BOOM then we do our main dance twice. Around then the music says SHAKE THAT that is our cue to shuffle into our semi circle where we take turns doing dances with our group. Meg, Annie and Katie were in my group, Katie was away so we improvised which is one of the things I like about Glee Club, it’s always changing.

By Zara 3/4C

---

The Bell Shakespeare Performance

On Monday the 14th of October, the school watched Bell Shakespeare. Years K-3 watched Double Trouble and Years 4-6 watched A Midsummer Night’s Dream or Midsummer Madness as they called it. Four people performed but there were 11 roles to play: Hermia, Lysander, Demetrius and Helena [the four teenagers], Oberon [the fairy king], Titania [the fairy queen], Puck [Oberon’s servant], Nick Bottom [a man full of himself], Quince, Snug and Flute, [the four tradesman]. A few “funny” bits weren’t for Stage 1, so gladly they didn’t watch it. The play was excellent.

Tilly Georges and Vanessa Langford 3/4 G

---

Dinosaur Petting Zoo

On the 20th of September most of Year Four went to Riverside Theatre to watch a performance called “Dinosaur Petting Zoo”, an interactive show about Australian dinosaurs. We got to wear mufti to school to raise money for the SRC.

Firstly, we waited for our bus at the entry to school. On the way, to pass the time we played a game called spotto. When we arrived we said thank you to the bus driver and we were on our way.

When we were inside the building we were led to a special area that seemed like we were outside. We all sat down with the other schools. They cautioned us that the dinosaurs were only robots.

We saw many dinosaurs including the Australian equivalent to the Tyrannosaurus Rex; A gigantic dragonfly that was carnivorous and a baby dinosaur that was from New Zealand.

We all had lots of fun, and on the way back Mrs Criniti surprised us by getting us all food. Yum!

By Hailie 3/4C
**Maths**
For Mathematics we are currently doing a heap of revision tests from Patterns and Algebra to Space and Geometry. We continually study our timetables and different types of fractions.

**PDH/PE**
For PDH/PE we are currently having a “It’s all about me” program where we are going to study puberty. For PE we have the Footsteps Dance Programme and our Friday sports of cricket, Ju Jitsu, school sport and gardening.

**HSIE**
For HSIE we are currently learning about democracy and how the gold rush affected democracy.

**ENGLISH**
We commenced our term with Shakespeare's Midsummer Night’s Dream, recently performed for us by Bell Shakespeare.

**Year 6 camp**

It is 6:50am on Friday, our last day on camp. Mr Moran is awake and got us out of our rooms (well we were awake) and said that we had to write a report for the newsletter. We thought that he was joking, but then he showed us his laptop and we knew that it was true. So here we are writing a report on camp.

The only bad bit of camp is waking up early even though it's awesome waking up with our friends. From Wednesday until today we’ve done lots of great activities. On the first day at camp, we were divided into two groups. We completed four awesome activities: Giant Swing, Archery, Canoeing, and also building a raft. It has been amazing.

by Maisha and Jefferson

...more Year 6 camp
ADHD: Asking healthcare professionals the right questions.

Our research team at the University of Sydney has developed a question prompt list (QPL) designed to help parents/carers of children with attention-deficit hyperactivity disorder (ADHD) to ask the right questions during consultations with healthcare professionals. We are interested in gathering parents/carers’ views about the use of the QPL and their understanding of the QPL content.

Who?
- The research team is looking for parents/carers who:
  - one or more children aged 4 to 18
  - have an interest in ADHD
  - are comfortable reading English without needing help from a translator.

What?
- The interview will last for about 1 hour.

Where?
- The Faculty of Pharmacy, Building A15, Science Rd, The University of Sydney NSW 2006

When?
- During Weeks 4 & 5 of Term 4
- 28 October – 7 November 9:45am to 12:00pm

What will participation benefit me?
- At the end of the interview you will be reimbursed for your time and travel expenses.

Who?
- The research team will be made up of researchers

Interested in participating or have any questions?
- Please feel free to contact
- Rana Ahmed on (02) 9114 0785
- or send an email to:
- rana.ahmed@sydney.edu.au

Marrickville West Public School

Eco Water Garden Marrickville Concept Design

Spaces still available for Intensive Swimming

We encourage everyone to enrol their children in this fantastic course. The P&C have funded a part of the cost, bringing the cost to families down significantly.

8 x 45 minute lessons with a qualified instructor provided for groups of 8 children. Lessons will occur in a purpose built, heated, indoor training pool.

WHEN: during Weeks 4 & 5 of Term 4
- 28 October – 7 November 9:45am to 12:00pm
- Cost: $59 in total – around $7 per lesson

Henson Campout this weekend!

3pm Saturday 26th October
- to 10.30am Sunday 27th October

Henson St Playground / School Hall
- Cost: $5 per person
- or $20 for a family of four or more

A great outdoor adventure in your own neighbourhood, with fireside treats, fun and games AND a delicious cooked breakfast on Sunday morning.

What to bring:
- Tent (if you don’t have a tent, you can sleep in the school hall), Sleeping bags, bedding, pillows,
- Lights or torches, Insect repellent, Any musical instruments or games, Plastic plates, cups and eating utensils for your family.

Anything else you might think you will need while camping
- Food: Dinner. Please bring one dish to share on Saturday night. Everyone will be sitting on a long table together.
- Breakfast: The P&C will provide a delicious cooked breakfast on Sunday Morning.

Lost Property

Please remember to check the Lost Property boxes outside the Office if you are missing hats, jumpers, lunch boxes and drink bottles. Those unlabelled items that are not collected within a month are washed and sold at upcoming 2nd hand uniform stalls.

Cafe West

We are continuing to look for volunteers to help at recess from 2:15pm to 2:40pm on Monday and Thursdays. Please contact Mel Stopic, Wendy in the canteen or Stav in the office if you are able to lend a hand. We are always looking for new menu ideas so if you have any suggestions please let Mel, Wendy or Rachael Ottaway know.

Upcoming Events

Henson Campout 26 October
- Bunnings BBQ 11 November

Next P&C Meeting: Thursday 7pm 24 October

facebook.com/MWPandC bigtent.com/groups/mwpandc
Calling All Story Tellers

Multicultural Munch – Story Telling Circles

Wednesday 13 November @ Marrickville West PS

9.35 – 10.30am

Marrickville West Primary School is once again holding storytelling circles as a part of Multicultural Munch. It’s a chance to share something of your culture, where you grew up, the stories you heard then, or something about where we live now.

Yes, I (or we) would like to share a story:

Name/s: ___________________________ Mobile: ___________________________

Email: ______________________________

You can share 2 stories. Each session needs to be contained within 20 mins. You can add other activities and discussions to your story, depending on what is suitable to a particular group of children.

Which ages will you pitch to? (Choose 2)
- Preschool /Kinder (ages 3-6)
- Stage 1 (Yr 1-2 ages 6-8)
- Stage 2 (Yr 3-4 ages 7-10)
- Stage 3 (Yr 5-6 ages 10-12)

What language or culture will your story be?

If Bi-lingual will you be able to do this as “one person, one language”? Ie one person speaks the home language

RSVP BY 1st November 2013

Teachers, please return to Vivi’s pigeon hole: Or return to PO BOX 6122 Marrickville 2204

Any questions talk to Vivi, Phone or sms Vivi on 0421 550 119 connectmarrickville@gmail.com

Primary school help

Primary school students can get free help with general school work and mathematics each week.

General primary help: Marrickville Library
Thursday 3.30pm - 5.30pm*

Mathematics help: Dulwich Hill Library
Thursday 6.30pm - 7.30pm

*Breaks from Thursday 24 October - November 7, inclusive.

No bookings are required.
### Before School – Fuel Up!

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Up &amp; Go</td>
<td>$2.00</td>
</tr>
<tr>
<td>200ml 100% Juice (box)</td>
<td>$1.20</td>
</tr>
<tr>
<td>200ml 100% Juice (bottle)</td>
<td>$1.80</td>
</tr>
<tr>
<td>Plain milk</td>
<td>$1.10</td>
</tr>
<tr>
<td>Yoghurt</td>
<td>$1.20</td>
</tr>
<tr>
<td>Muesli with yoghurt or milk</td>
<td>$2.00</td>
</tr>
<tr>
<td>Cheerios</td>
<td>40c</td>
</tr>
<tr>
<td>Sultanas &amp; apricot pack</td>
<td>40c</td>
</tr>
<tr>
<td>Seasonal Fresh fruit from</td>
<td>50c+</td>
</tr>
</tbody>
</table>

(No snack foods will be sold to students before school)

### Super Sandwiches, Toasties & Salad

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Buttered</td>
<td>$1.20</td>
</tr>
<tr>
<td>Vegemite</td>
<td>$1.50</td>
</tr>
<tr>
<td>Either Baked beans/cheese/ tuna/chicken slice/ham</td>
<td>$2.40</td>
</tr>
<tr>
<td>Cheese &amp; tomato</td>
<td>$2.60</td>
</tr>
<tr>
<td>Egg &amp; lettuce</td>
<td>$2.60</td>
</tr>
<tr>
<td>Chicken, lettuce &amp; mayo</td>
<td>$3.00</td>
</tr>
<tr>
<td>Tuna &amp; mayo</td>
<td>$2.80</td>
</tr>
<tr>
<td>Tuna &amp; salad</td>
<td>$3.50</td>
</tr>
<tr>
<td>Ham &amp; cheese</td>
<td>$2.60</td>
</tr>
<tr>
<td>Ham &amp; tomato</td>
<td>$2.60</td>
</tr>
<tr>
<td>Cheese &amp; tomato</td>
<td>$2.60</td>
</tr>
<tr>
<td>Ham, cheese &amp; tomato</td>
<td>$3.00</td>
</tr>
<tr>
<td>Salad</td>
<td>$3.20</td>
</tr>
</tbody>
</table>

**extras**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Filling (each)</td>
<td>50c</td>
</tr>
<tr>
<td>Roll or wrap</td>
<td>60c</td>
</tr>
<tr>
<td>Mayo/tomato sauce</td>
<td>20c</td>
</tr>
<tr>
<td>Sweet chilli/BBQ/soy sachets</td>
<td>30c</td>
</tr>
<tr>
<td>Salad plate/ box</td>
<td></td>
</tr>
<tr>
<td>(lettuce, tomato, cucumber, celery, carrot)</td>
<td>$4.00</td>
</tr>
<tr>
<td>Add – Tuna/egg/ham</td>
<td>$4.50</td>
</tr>
<tr>
<td>Plastic Spoons</td>
<td>5c</td>
</tr>
</tbody>
</table>

### Drinks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>750ml Pump</td>
<td>$2.30</td>
</tr>
<tr>
<td>600ml Mt Franklin</td>
<td>$2.00</td>
</tr>
<tr>
<td>400ml Pump</td>
<td>$1.50</td>
</tr>
<tr>
<td>450ml Sparkling water</td>
<td>$2.00</td>
</tr>
<tr>
<td>Flavoured Milk</td>
<td>$1.70</td>
</tr>
</tbody>
</table>

### Frozen Treats

Sold after the second lunch bell

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frozen fruit piece</td>
<td>20c</td>
</tr>
<tr>
<td>99% fruit juice ice sticks</td>
<td>60c</td>
</tr>
<tr>
<td>Juicy</td>
<td>80c</td>
</tr>
<tr>
<td>Streets Paddlepop</td>
<td>$1.40</td>
</tr>
<tr>
<td>Frozen yoghurt</td>
<td>$1.60</td>
</tr>
<tr>
<td>Slushy (99% fruit) Small</td>
<td>$1.00</td>
</tr>
<tr>
<td>Slushy (99% fruit) Large</td>
<td>$2.00</td>
</tr>
<tr>
<td>Gelato cups – 2 flavours</td>
<td>$2.00</td>
</tr>
</tbody>
</table>

### Something New!

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Steamed Vegetarian Gyoza (V)</td>
<td>60c</td>
</tr>
<tr>
<td>Cheese &amp; Spinach Triangle (V)</td>
<td>$1.20</td>
</tr>
<tr>
<td>Vegetarian Rice Paper Rolls (V)</td>
<td>$1.50</td>
</tr>
<tr>
<td>Vegetable Sticks with Humous</td>
<td>50c</td>
</tr>
<tr>
<td>Mini Quiche (V)</td>
<td>$1.20</td>
</tr>
<tr>
<td>Hot Spinach &amp; Ricotta Roll (V)</td>
<td>$2.40</td>
</tr>
<tr>
<td>Mini Potato Top Beef Pie</td>
<td>$1.20</td>
</tr>
<tr>
<td>Singapore Noodles</td>
<td>$3.00</td>
</tr>
<tr>
<td>Vegetarian Fried Rice (gluten free)</td>
<td>$3.00</td>
</tr>
<tr>
<td>Authentic Chinese Fried Rice (ham &amp; egg veg)</td>
<td>$3.00</td>
</tr>
<tr>
<td>Traditional Potato Bake</td>
<td>$3.00</td>
</tr>
<tr>
<td>Hot Corn Cob</td>
<td>$1.00</td>
</tr>
</tbody>
</table>

### Snacks

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potato Chips (28g)</td>
<td>$1.20</td>
</tr>
<tr>
<td>Popcorn</td>
<td>$1.00</td>
</tr>
<tr>
<td>Roasted Seaweed</td>
<td>$1.00</td>
</tr>
<tr>
<td>Rice/Grain snacks</td>
<td>$1.20</td>
</tr>
<tr>
<td>Gingerbread Folk</td>
<td>$1.30</td>
</tr>
</tbody>
</table>

### DAILY MEAL DEALS

#### MONDAY: CHOOK CHOOK

5 Chicken wedges (Halal) or Chicken Burger $3.00
MEAL DEAL w/ oak milk/ water & pieces of Fruit $4.50

#### TUESDAY: PASTA & CURRY

Homemade Bolognese Pasta or Lasagne $3.00
Mild (mango or butter) chicken curry with rice $3.00
Meal Deal w/ fabulous fruit salad cup $4.50

#### WEDNESDAY: SUSHI & SOUP

Sweet corn and chicken soup $2.00
with bread roll $2.50
Sushi (pre-order Tuesday) from $2.95

#### THURSDAY: CHOOK CHOOK

5 Chicken wedges (Halal) or Chicken Burger $3.00
MEAL DEAL w/ oak milk/ water & pieces of Fruit $4.50

#### FRIDAY: PIZZA & PIES

Chicken / Beef / HALAL Beef Pie $3.00
Juicy Pizza Slice – Ham & Pineapple $2.00
Vegetarian Pizza $3.00
MEAL DEAL w/ oak milk/ water & pieces of Fruit $4.50

---

Foods coloured **GREEN** are approved by The Healthy Kids Association for eating everyday. The other foods are recommended as occasional foods.

Vegetarian (V) & Halal food options available everyday. Please ask Wendy in the canteen.